



Buckeyes for Breastfeeding Support Groups

Complimentary monthly support groups brought to you by the OSU Health Plan.

OSU Health Plan benefits-enrolled members who are new, expectant, and experienced parents are invited! Bring your little ones, meet other parents, engage in breast/chestfeeding discussions, and receive peer support. Sessions are led by a nurse and physician lactation specialists.

Whether you are just starting to breast/chestfeed or if you are already back to work, these groups are designed to offer encouragement and support. Participants do not have to be enrolled in the Buckeye Baby program to attend.

For scheduling or any other questions, call (614) 292-4700, extension 0 or email osuhpbuckeyebaby@osumc.edu.

Join us at the next Buckeyes for Breastfeeding Support Group meeting!

**Buckeyes for Breastfeeding:
Starting Out Right**
Designated Wednesdays: **Virtual**
11:00 a.m to 12:00 p.m.

**Buckeyes for Breastfeeding:
Back to Work**
Designated Thursdays: **Virtual**
6:00 p.m to 7:00 p.m.

To register, visit linktohealth.osu.edu, select “educational program” and search the keyword “breastfeeding.”

Important Note: Participants are encouraged to register in advance online in case there is ever a change to a meeting date, time, or location.

All meetings will be virtual. Due to limited number of participants, please cancel if you're not able to attend.

2022 Dates on Wednesdays:

[January 26](#)
[February 23](#)
[March 30](#)
[April 27](#)
[May 25](#)
[June 29](#)
[July 27](#)
[August 24](#)
[September 28](#)
[October 26](#)
[November 16](#)
[December 14](#)

2022 Dates on Thursdays:

[January 27](#)
[February 24](#)
[March 31](#)
[April 28](#)
[May 26](#)
[June 30](#)
[July 28](#)
[August 25](#)
[September 29](#)
[October 27](#)
[November 17](#)
[December 15](#)

Join us from the comfort of your home. Meetings are very informal, so feel free to dress comfortably and *bring your baby!*