



Subject: Continuous Passive Motion (CPM)

Revision: 4/25

DESCRIPTION

Continuous passive motion (CPM) is applied by a machine that passively and repeatedly moves the knee through a specified range of motion (ROM). It is believed that CPM increased recovery of knee ROM and has other therapeutic benefits.

APPLICABILITY

This policy applies to all OSU Health Plan (OSUHP) benefit plans

DEFINITIONS

Continuous passive motion is the process of passively moving a joint through a pre-set range of motion by use of a special machine.

Range of motion is the amount of movement that a particular joint or series of joints can achieve in a specific direction, it measures the joint functionality and flexibility.

POLICY

The OSU Health Plan considers CPM medically necessary for up to 21 days for covered persons who have received a total knee replacement.

PROCEDURES

The third-party administrator will cover Continuous Passive Motion (CPM) of the knee [HCPCS E0935] up to a maximum of 21 days.

PRIOR AUTHORIZATION

Prior authorization is not required for CPM of the knee for up to 21 days.

EXCLUSIONS

The OSU Health Plan does not cover the use of knee CPM beyond 21 days. The

OSU Health Plan does not cover use of CPM for joints other than the knee.

CODES

Codes related to this policy include:

HCPC codes covered up to 21 days:

HCPC Code	DESCRIPTION
E0935	Continuous passive motion exercise device for use on knee only

HCPCS codes not covered (per Medicare):

HCPC Code	DESCRIPTION
E0936	Continuous passive motion exercise device for use other than knee

REFERENCES

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