



**Subject:** Counseling Supervision

**Revision Date:** 8/25

## DESCRIPTION

OSU Health Plan (OSUHP) only credentials Independent Practitioners and does not credential Supervised Practitioners nor Supervised Trainees. OSUHP does not cover services provided by a registered counselor, registered social work, or marriage and family therapist trainees. However, services provided by Supervised Practitioners or individuals registered with the Ohio Board of Psychology in compliance with requirements in rule [4732-13-04](#) of the Administrative Code, working under the supervision of a Licensed Psychologist, and assigned by the Supervising Psychologist a title appearing in rule [4732-13-03](#) of the Administrative Code are covered according to the guidelines set forth in this policy.

## APPLICABILITY

This policy applies to all OSU Health Plan (OSUHP) benefit plans.

## DEFINITIONS

Licensed Psychologist has the same meaning as in section [4732.01](#) of the Revised Code.

Independent Practitioner is used to designate the following persons who hold a valid license to practice in accordance with the indicated portion of the Revised Code:

- (a) Licensed professional clinical counselor, section [4757.22](#);
- (b) Licensed independent social worker, section [4757.27](#);
- (c) Licensed independent marriage and family therapist, section [4757.30](#);

Supervised Practitioner is used to designate the following persons who hold a valid license to practice

under general supervision in accordance with the indicated portion of the Revised Code:

- (a) Licensed professional counselor, section [4757.23](#);
- (b) Licensed social worker, section [4757.28](#);
- (c) Licensed marriage and family therapist, section [4757.30](#);

Supervised Trainee is used to designate the following individuals:

- (a) Registered counselor trainee, defined in rule [4757-13-09](#) of the Administrative Code;
- (b) Registered social work trainee, defined in rule [4757-19-05](#) of the Administrative Code;
- (c) Marriage and family therapist trainee, defined in rule [4757-25-08](#) of the Administrative Code;
- (d) Any individual registered with the Ohio board of psychology in compliance with requirements in rule [4732-13-04](#) of the Administrative Code, working under the supervision of a licensed psychologist, and assigned by the supervising psychologist a title appearing in rule [4732-13-03](#) of the Administrative Code. "Psychology Intern," "Psychology Doctoral Intern," "Psychology Predoctoral Intern," "Psychology Fellow," "Psychology Resident," "Psychology Postdoctoral Intern," "Psychology Postdoctoral Fellow," "Psychology Postdoctoral Resident," "Psychology Trainee," or "Psychology Postdoctoral Trainee" mean persons under appropriate supervision, working toward licensure in psychology.

## **POLICY**

OSUHP will cover services provided by Supervised Practitioners if billed by a supervising Licensed Psychologist or Independent Practitioner or individuals registered with the Ohio Board of Psychology in compliance with requirements in rule [4732-13-04](#) of the Administrative Code, working under the supervision of a Licensed Psychologist, and assigned by the Supervising Psychologist a title appearing in rule [4732-13-03](#) of the Administrative Code such as "Psychology Intern," "Psychology Doctoral Intern," "Psychology Predoctoral Intern," "Psychology Fellow," "Psychology Resident," "Psychology Postdoctoral Intern," "Psychology Postdoctoral Fellow," "Psychology Postdoctoral Resident," "Psychology Trainee," or "Psychology Postdoctoral Trainee" when billed by a supervising Licensed Psychologist if the following guidelines are met:

- 1) If the covered person has elected a plan with network restrictions, the Licensed Psychologist or Independent Practitioner must participate in the OSUHP statewide network; and
- 2) A Licensed Psychologist or an Independent Practitioner providing supervision shall comply with the applicable supervision provisions in rule 4732-13 or 4757-17 of the Administrative Code; and
- 3) Records of training supervision shall be maintained by the supervising Licensed Psychologist or Independent Practitioner and made available to OSUHP on request. The supervision records shall contain information concerning the dates/times of supervision, content and goals of supervision and shall be signed by the supervisor at least quarterly; and
- 4) Supervised Practitioners or individuals registered with the Ohio board of psychology in compliance with requirements in rule [4732-13-04](#) of the Administrative Code, working under the supervision of a licensed psychologist, and assigned by the supervising psychologist a title appearing in rule [4732- 13-03](#) of the Administrative Code shall disclose to their clients on all printed and electronic material that they are engaging in the diagnosis and treatment of mental and emotional disorders under the supervision of an appropriately licensed mental health professional. The supervisee shall also disclose to their clients on the disclosure statement or similar document the name(s) of the professional(s) providing supervision, to be made available to OSUHP on request.

## **PROCEDURES**

The Third-Party Administrator (TPA) will process claims according to the covered person's benefit plan. OSUHP reserves the right to audit these claims and request supporting documentation as outlined in this guideline.

## **PRIOR AUTHORIZATION**

Prior authorization is not required if the criteria above have been met.

## **EXCLUSIONS**

OSUHP does not cover any of the following (not all-inclusive):

- Services provided by students or trainees not explicitly allowed by this policy (including but not limited to: counselor trainee [CT], social worker trainee [SWT], marriage and family therapist trainee [MFTT])
- Services provided by a Licensed Psychologist or Independent Practitioner who is a family covered person of the Supervised Practitioner or Supervised Trainee

## **CODES**

Too numerous to list.

## **REFERENCES**

4732 Ohio Administrative Code. § 4732.13 (2022), available at [Chapter 4732-13 - Ohio Administrative Code | Ohio Laws](#)

4757 Ohio Administrative Code. § 4757.17 (2019), available at [Chapter 4757-17 - Ohio Administrative Code | Ohio Laws](#)

5160 Ohio Administrative Code. § 5160-8-05 (2021), available at [Rule 5160-8-05 - Ohio Administrative Code | Ohio Laws](#)

"Faculty and Staff Health Plans Specific Plan Details Document." The Ohio State University Office of Human Resources (2024). Web. <https://hr.osu.edu/wp-content/uploads/medical-spd.pdf>